



The Flame Catering and Banquet Center
2301 Neuse Blvd., New Bern, NC 28560
252.633.1193

Dinner Buffet

Two Entrée: 19.95 / Three Entrée: 21.95

CHOOSE TWO SALADS

Fresh Mixed Green Garden Salad with Grape Tomatoes and Sliced Cucumbers

Fruit Salad with Pineapple, Cantaloupe, Honeydew, and Grapes

Caesar Salad

Herb Pasta Salad

Add Chef Smoke's Shrimp Bisque Soup 2.00 per person

CHOOSE TWO OR THREE ENTREES

Boneless Beef Short Ribs with Plum Glaze

Beef Short Ribs with Teriyaki Ginger Glaze

Roasted Medallions of Beef Served with a Bordelaise Sauce

Asian Flank Steak over Egg Noodles

Beef Tips in a Bourguignonne Sauce with Mushrooms

Grilled Salmon with Chef's Famous Shrimp Bisque Sauce

Grilled Salmon with Lemon Beurre Blanc Sauce

Beer Battered Fried Shrimp

Mahi-Mahi with Mango Salsa over Farfalle Bow Tie Pasta

Seafood Milano made with Shrimp, Scallops and Crabmeat smothered in a rich Alfredo sauce, served over Egg Noodles with Broccoli Florets

Grilled Pork Tenderloin Medallions with Hunters Sauce

Pork Tenderloin Served with a Black Jack Barbeque Sauce

Southern Fried Chicken

Southern Baked Chicken

Chicken Supreme with Smoked Bacon, Mozzarella Cheese and Mushrooms over Rice Pilaf

Chicken Roma Stuffed with Spinach, Mushrooms, Pine Nuts, and Mozzarella with a Sun Dried Tomato Cream Sauce

Herb Crusted Chicken Penne Alfredo with Fresh Steamed Vegetables

Classic Chicken Parmesan with Mozzarella

Lemon Chicken Sautéed in White Wine Sauce Over Herb Penne Pasta



All prices are subject to current Sales Tax and a 20% Service Charge



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Dinner Buffet Continued...

CHOOSE TWO VEGETABLES

Green Beans Almandine
Honey-Glazed Baby Carrots
Roasted Vegetable Medley with Balsamic Vinaigrette
Seasoned and Roasted Broccoli, Cauliflower, Carrots
Buttered Corn
Broccoli & Cheese Casserole
Green Bean Casserole with Fried Onion Topping

CHOOSE ONE STARCH

Roasted Redskin Potatoes
Cheesy Garlic Mashed Potatoes
Creamy Mashed Potatoes
Asiago Scalloped Potatoes
Near East Rice Pilaf
Seasoned Yellow Chive Rice
Sweet Potato Casserole with a Brown Sugar and Pecan Crust



CHOOSE ONE DESSERT (Custom Items can be Created)

Strawberry Shortcake
Lemon Cake
Pineapple Cake
Double Chocolate Cake
Carrot Cake
Praline Bread Pudding
Marble Cake
Classic Yellow Cake
Red Velvet Cake

Buffet also includes The Flame's Yeast Rolls with Whipped Margarine plus
Regular & Decaffeinated Classic Gourmet Coffee, Sweet and Un-Sweet Tea, Water



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Boxed Lunches 10.95

SELECTION OF SANDWICHES

Walnut Chicken Salad Croissant with Lettuce and Tomato

Croissant Club - Thinly shaved fresh Turkey, Ham and Swiss Cheese stacked with Lettuce and Tomato

Chicken & Portobello Mushroom Sandwich on a Hoagie Roll
With Swiss cheese, Lettuce and Tomato



Deli Stack - Salami, Ham, Roast Beef, Swiss and Cheddar Cheese on a Hoagie Roll

Classico Hoagie - Cured Ham, Provolone Cheese, Sliced Tomatoes, Yellow Peppers and Shredded Lettuce
With Olive Oil and Basil Dressing

Pita Wrap with Grilled Chicken, Pesto and Olive Oil, Sliced Tomatoes and Swiss Cheese

Italian Style Foccia Bread with Herb Cream Cheese, Sliced Ham, Swiss Cheese and Spinach Leaf

Italian Style Foccia Bread with Smoked Turkey and Havarti Cheese with Sun Dried Tomato Cheese Filling

Roast Beef Club Sandwich with Swiss Cheese

Triple Decker Classic Club on Wheat

Each Sandwich Includes The Following:

Herb Pasta Salad or Potato Salad

Fresh Cut Fruit

Bag of Potato Chips

Freshly Baked Cookie

Mustard and Mayonnaise

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